



ATHLETICS SOUTH AFRICA NPC
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To: ASA Members
From: ASA Office
Date: 03 September 2021
No pages: 1

Dear ASA Members

CIRCULAR 35 of ASA 2021 – ASA CROSS COUNTRY CHAMPIONSHIPS

The Circular 33 and 34 of ASA 2021 has bearing.

ASA have received requests from Members to include younger age categories and after numerous of consultations between the ASA Board, Cross Country Commission and Medical & Scientific Committee, ASA has reviewed the allowable age categories for the 2021 ASA Cross Country Championships that will be taking place at Amanzimtoti, KwaZulu-Natal on Saturday, 18 September 2021.

The 2021 ASA Cross Country Championships will include ages 14 (born in 2007, grade 8) – 49. Exceptions will be made for athletes in grade 8 born in 2008.

Kindly receive the following information attached:

- 1. Team Manual**
- 2. Entry Form**
- 3. Technical Officials - Entry Form**
- 4. ASA Health and Safety Protocols**
- 5. ASA Checklist to be Covid-19 compliant for Training and Competition**
- 6. Health Screening Questionnaire**

Thanking you all and wishing all the participants a great competition.

Kind Regards,

Terrence Magogodela
Acting CEO

(Not signed due to electronical sending)

James MOLOI (President)
Jean VERSTER (Chair Track & Field)
Norma NONKONYANA (Additional)

Shireen NOBLE (Vice President)
Hendrick MOKGANYETSI (Chair Athletes)
Ntathu GWADISO (Additional)

Jakes JACOBS (Chair Cross Country)
Esther MALEMA (Additional)
Jazz MNYENGEZA (USSA Rep)

Enoch SKOSANA (Chair Road Running)
Adelina RANTHIMO (Additional)

Board Members

Mervyn KING

Honorary Members:
Mluleki GEORGE